

St. Paul 2017 Faith Focus: The Small Catechism
Week 6: Holy Communion
Participant Sheet

Teaching

Audio Segment 1: Holy Communion in Bible

Feel free to take notes here

Audio Segment 2: Holy Communion in Luther

Feel free to take notes here

Application: Confession

Who, then, receives such Sacrament worthily?

Fasting and bodily preparation is, indeed, a fine outward training; but he is truly worthy and well prepared who has faith in these words: Given, and shed for you, for the remission of sins.

But he that does not believe these words, or doubts, is unworthy and unfit; for the words “For you” require altogether believing hearts.

Prayer: Praying through Holy Communion

Luther emphasizes praying through the parts of the catechism. It is probably easiest to pray through Commandments or petitions of the Lord’s Prayer. I recommend this day you try praying through the words of institution:

On the night in which he was betrayed our Lord Jesus Christ, took bread, gave thanks, broke it and gave it to His disciples, saying, Take, eat; this is My body, given for you. Do this in remembrance of me.

Again, after supper, he took the cup, gave thanks and gave it for all to drink, saying: This cup is the new covenant in My blood, shed for you and for all people for the forgiveness of sins. Do this in remembrance of me.

+ Meditate -- Ask God what is the meaning of these words for you this day?

+ Thank -- Thank God for the ways in which he forgives and saves you.

+ Confess – Confess to God the parts of your life that need to be drowned and repented from.

+ Pray for binding – Ask God that you would be a sacrament – a vessel of God’s love – in this world.

Don’t forget your coloring sheet!